

NHS Health Checks

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NHS Health Check overview

The NHS Health Check is a health check-up for adults in England aged 40-74. It's designed to spot early signs of stroke, kidney disease, heart disease, type 2 diabetes or dementia. As we get older, we have a higher risk of developing one of these conditions. An NHS Health Check helps find ways to lower this risk.

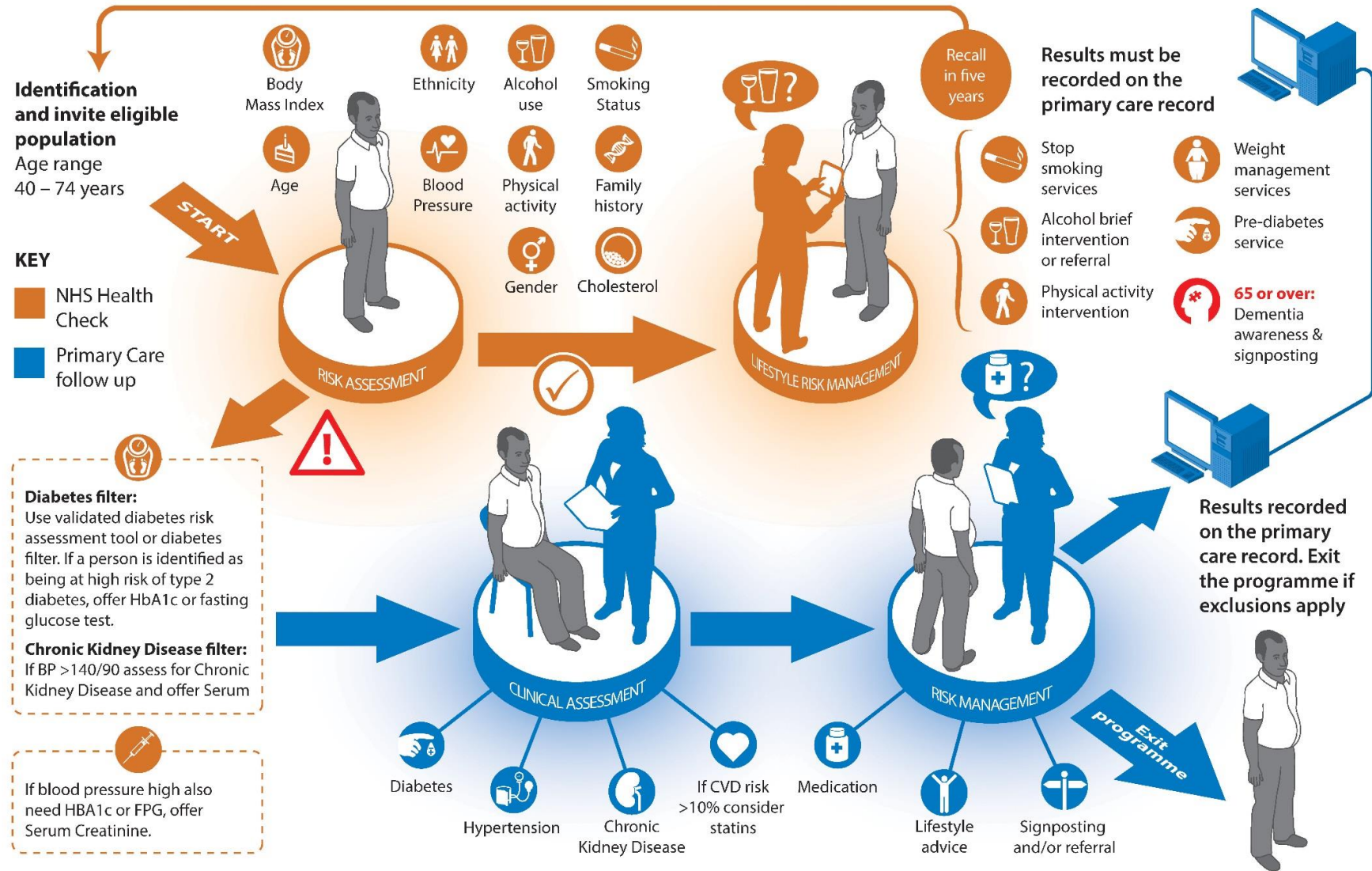


NHS Health Checks overview

You are eligible for an NHS Health Check if you have not had one in the last 5 years, are between the ages of 40 and 74 and have not been diagnosed (or prescribed treatment for) any of the conditions the NHS Health Check is screening for.

In North Northamptonshire, GP Practices will invite patients for a health check by letter, text, phone call etc., but you can ask for a health check too.

NHS Health Check



NHS Health Checks Provider Overview

- The NHS Health Checks contract remains hosted by North Northamptonshire Council and on behalf of West Northamptonshire Council, with this arrangement set to finish 31st March 2024.
- Commissioning of the NHS Health Checks programme is in progress and on schedule for 1st April 2024.
- The new contract is for North Northamptonshire only. West Northamptonshire have commissioned their own NHS Health Check programme.

GP Provider Contracts

- 3Sixty Care Partnership
 - 25 North Northamptonshire practices
- Maple Access Partnership
 - 1 North Northants practice
 - 2 West Northants practices
- Lakeside Healthcare
 - 3 North Northants practices
- Wansford and Kingscliffe Practice
- Rushden Medical Centre
- General Practice Alliance
 - 19 West Northants Practices
- Principal Medical Limited
 - 18 West Northants Practices

*WNC Providers in Grey

Community Provider Contracts

- Northampton Town Football Club Community Trust
- University of Northampton
- Regent Pharmacy
- Emergency Care Gateway



Support Contracts

IT: TCR Nottingham	Point of Care Testing: BHR Pharmaceuticals
<p>Provides IT support to GP practices and community providers for effective delivery of the NHS Health Check.</p> <p>Provides commissioners with extensive NHS Health Check data for contract monitoring and audit of the programme.</p>	<p>Provision of near patient blood testing analysers, consumables and quality control measures for use in the NHS Health Checks.</p>



Impact of Covid-19

- The NHS Health Check programme was paused nationally on three separate occasions during Covid-19. It was de-prioritised initially to manage the pandemic, and then subsequently to prioritise vaccinations.
- North Northamptonshire saw a slower recovery after Covid-19 than the national and East Midlands averages. In North Northants, NHS Health Checks were delivered entirely through primary care. Capacity issues within GP practices to deliver health checks and a reluctance to invite patients into the practice where not essential, impacted on recovery of the programme locally.

Performance Data



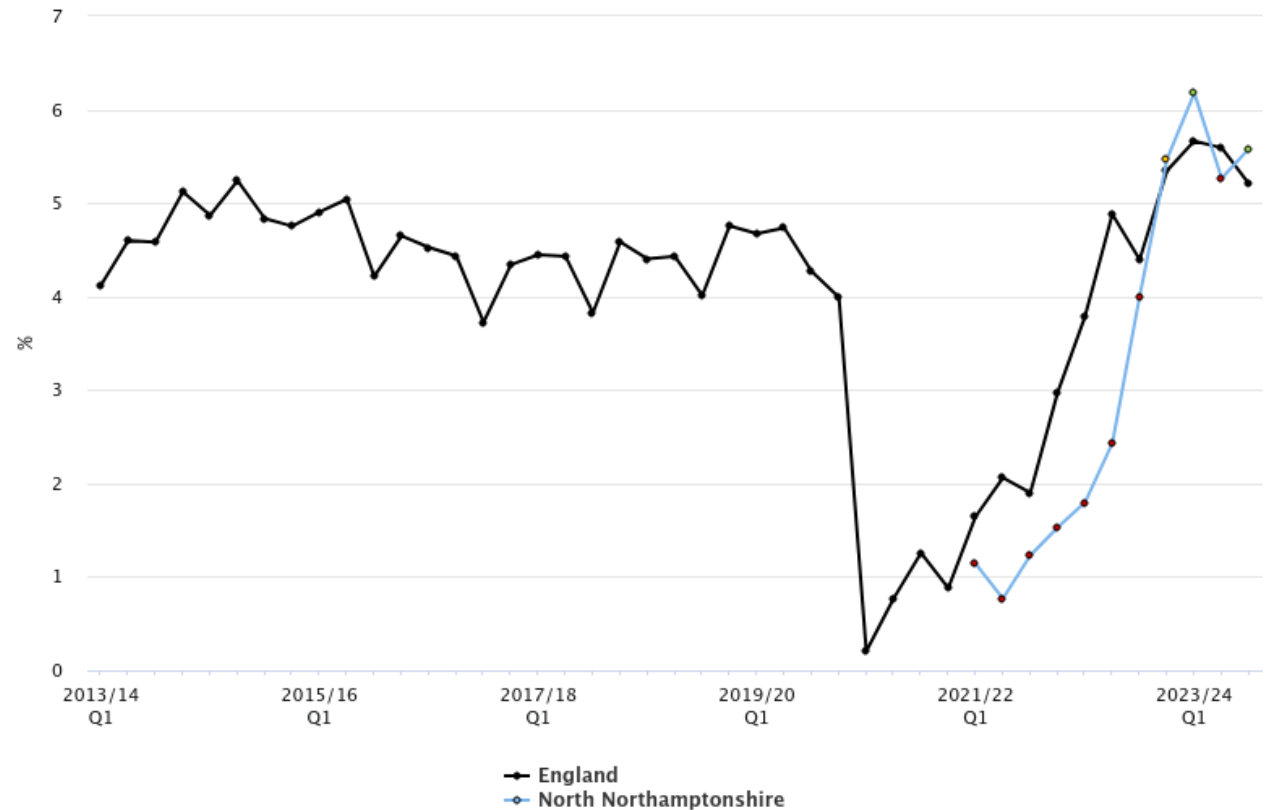
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Offers

'Offers' are offers of an NHS Health Check. An offer will only be captured in the data if it is to an eligible patient and is the patient's first offer in a 5 year period of time.

Second, third, etc., offers within a 5 year window are not captured in this data.

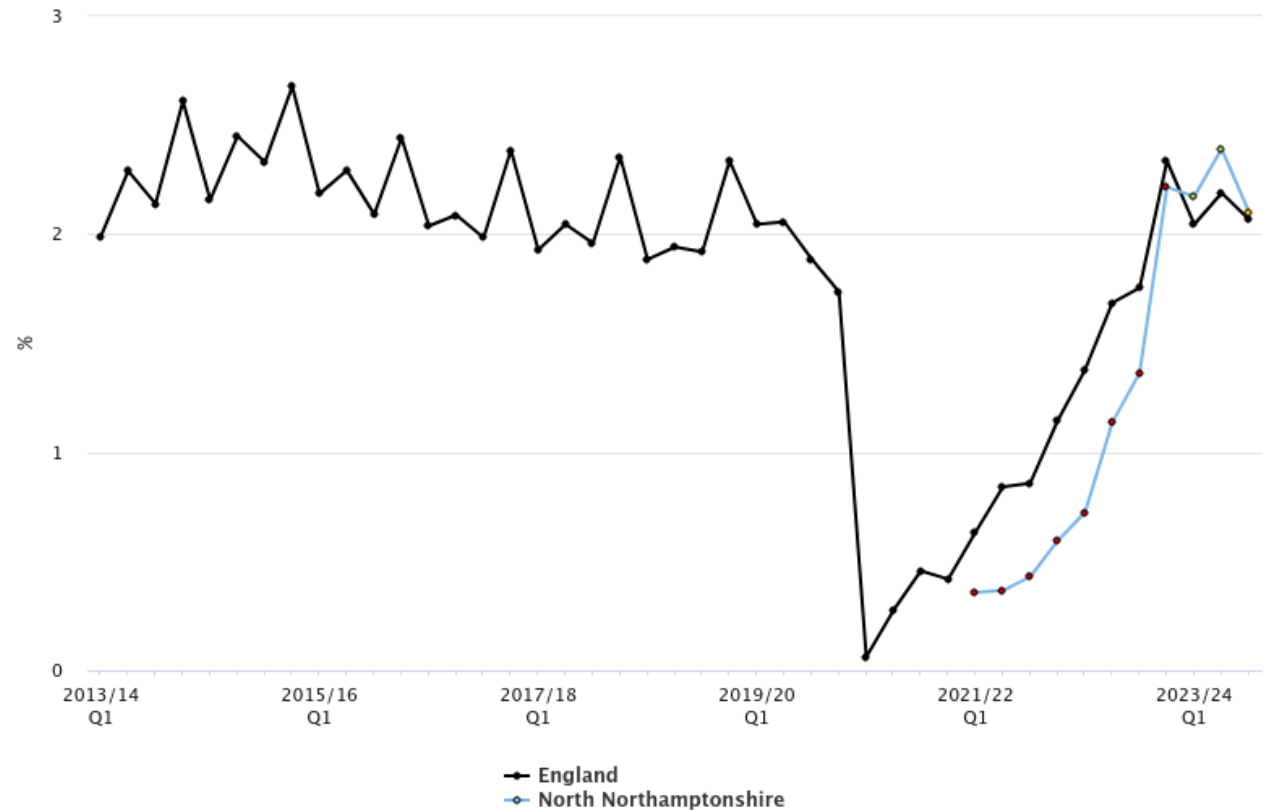
Percentage of NHS Health Checks offered to the total eligible population in the quarter for North Northamptonshire



NHS Health Checks Received

These are NHS Health Checks delivered and recorded with patients.

Percentage of NHS Health Checks received by the total eligible population in the quarter for North Northamptonshire

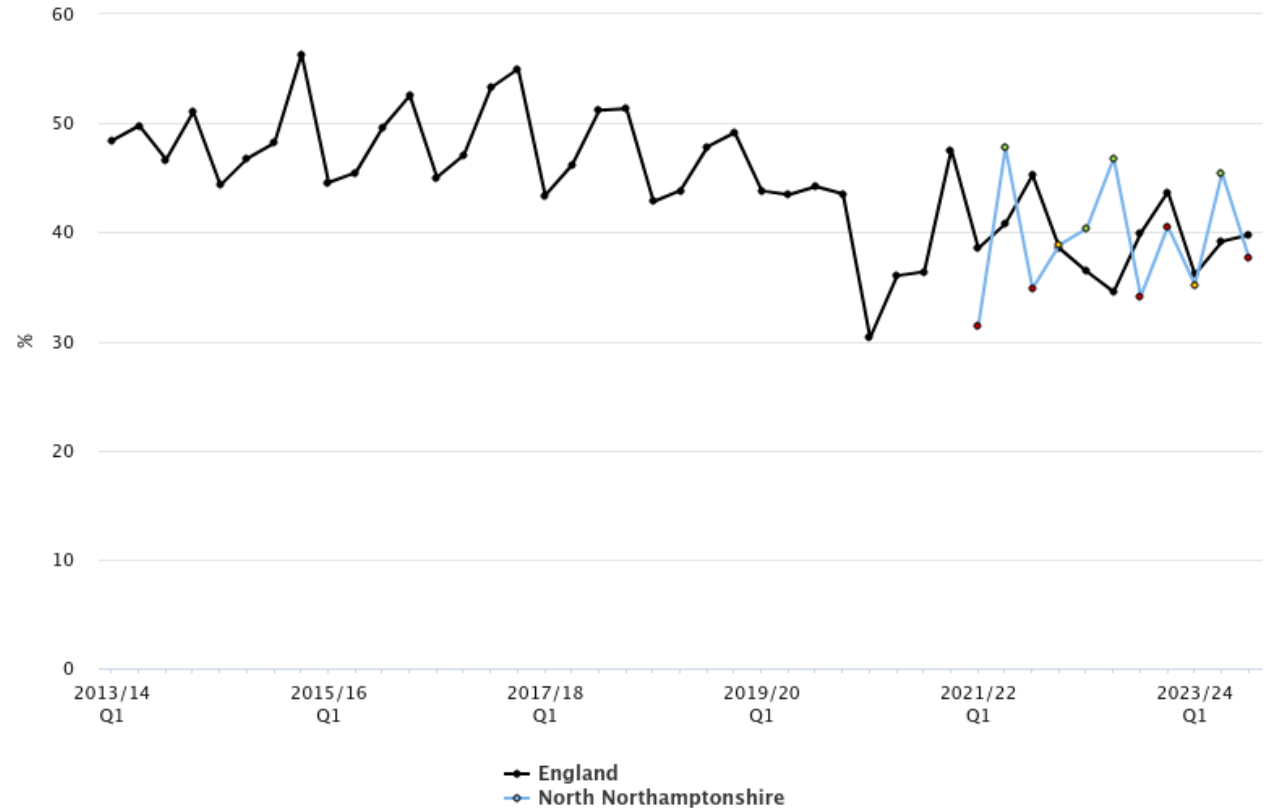


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Uptake

Uptake is the measure of completed NHS Health Checks against offers made.

Percentage of NHS Health Checks offered which were taken up in the quarter for North Northamptonshire



Current Challenges

The NHS Health Check programme is delivered largely in primary care. Primary care faces numerous challenges which can impact on the NHS Health Check programme.

- Staff turnover
- Winter pressures
- Inconsistency
- Clinic capacity & need for urgent, on the day appointments
- Accessibility



Workplace NHS Health Checks

- Delivered by Northampton Town Football Club Community Trust.
- NHS Health Checks delivered in workplaces across North and West Northamptonshire.
- All results communicated back to patients' medical record.
- 881 NHS Health Checks completed since March 2022
 - 154 patients identified as having raised CVD Risk – advice, support, signposting/referrals offered to manage/lower risk
 - 18 of these patients identified as having a high CVD Risk and were directed back to GP for follow up and treatment/medication



Community NHS Health Checks

- A small number of community-based NHS Health Checks have been completed with North Northamptonshire residents in community venues (e.g. libraries) and at events.
- Difficulties around this approach to NHS Health Checks include:
 - Payment model, eligibility, DNAs
 - Advertising and marketing the clinics

Service Improvement Plans

- Training afternoon hosted by NNC & 3Sixty Care Partnership Wednesday 20th March 2024 – all NNC GP Practices to attend.
- Patient engagement with focus on invites process to increase uptake.
- Increased patient choice for their NHS Health Check, including leisure centres and pharmacy provision.
- Routine audit of primary care performance.
- Increased Public Health team capacity to direct outreach NHS Health Checks where there is increased need.



Digital NHS Health Checks

- Digital NHS Health Check to be rolled out across England next spring, delivering an additional one million checks in the first 4 years.
- Each digital check could save 20 – 30 minutes of NHS time - potentially freeing up hundreds of thousands of primary care appointments nationally.
- Digital NHS Health Checks still in process of being piloted across a handful of local authorities, before a national rollout in spring 2025.

Any questions?

- Contact: andrew.machaeson@northnorthants.gov.uk



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